



# Kathir College of Arts and Science

(Affiliated to Bharathiar University)

“Wisdom Tree”, Neelambur, Coimbatore – 641062

## Health and Wellness Club

ACADEMIC YEAR 2020 – 2021

S.NO	DATE	PROGRAM	TOPIC/VENUE	RESOURCE PERSON
1	13.10.2020	Guest Lecture	Healthy Lifestyle Habits for Students	Dr.SRI DEVI MD., Miyat Hospital, Chennai
2	27.10.2020	Guest Lecture	Cancer Awareness	Dr.P. BASKER RAO MD., DM., Assistant Professor Department of Medical Oncology, PSG Institute of Medical Science, Cbe.
3	28.11.2020	Walking Contest	Walking Half Mile Per Day	For All Faculties
4	10.01.2021	Cooking Contest	Flameless Cooking	T.CHANDRU MBA., Wingerz Company, Coimbatore
5	16.01.2021	Guest Lecture	Reducing Obesity	Dr.R.KARTHIKRAMAN Junior Consultant Cardiac Surgeon, G.K.N.M. Hospital, Cbe.
6	14.02.2021	Video Contest	World Cancer Day-2021	R.SANKARANARAYANAN MD., Radiotherapy and Clinical Oncology